

THANK YOU

For helping to slow the spread of COVID-19 by getting tested today. You will receive an email or text with your results when they are available.

POSITIVE TEST RESULTS

If your test result is **POSITIVE**, please reach out to your PCP or Healthcare provider and let them know your result and symptoms if any. Even with no symptoms at all, you should consider yourself infected with COVID-19 and are likely to spread the virus to others if you do not take the following precautions:

- ☑ Designate a household member or friend to bring you food and other necessities. They should wear a mask and maintain at least six feet of distance from you.
- ☑ Isolate yourself (stay at home) and only leave your isolation area for medical care.
- ☑ If possible, use a separate bathroom and stay in a different room from other household members until your isolation time has ended.
- ☑ If you must leave the room where you are isolating, **WEAR A MASK AT ALL TIMES AND MAINTAIN AT LEAST SIX FEET OF DISTANCE FROM OTHERS.**
- ☑ Notify your close contacts which is defined as anyone who has been within 6 feet from you for a cumulative period of 15 minutes or longer since two days prior to the onset of your symptoms or since two days prior to your POSITIVE COVID-19 test.
- ☑ Contact your healthcare provider or clinic and report your POSITIVE test result as well as any symptoms you may be having.
- ☑ If your symptoms are severe or worsening, please seek urgent medical evaluation and treatment in person. Let the medical provider and/or EMS know that you have tested positive for COVID-19
- ☑ Even if you feel well and have no symptoms, maintain your isolation per the latest CDC guidelines.

THANK YOU
FOR YOUR VISIT.



A. Joy Health

NEGATIVE TEST RESULTS

If your test result is Negative there is no further action required on your part!

UNLESS YOU HAVE SYMPTOMS OR HAVE BEEN EXPOSED TO SOMEONE WITH COVID-19

THESE SYMPTOMS INCLUDE:

- ☑ Fever
- ☑ Cough
- ☑ Shortness of breath and/or trouble breathing
- ☑ Chills
- ☑ Muscle pain
- ☑ Headache
- ☑ Sore throat
- ☑ New loss of taste and/or smell
- ☑ Nausea
- ☑ Diarrhea
- ☑ Vomiting

Close contacts to COVID-19 cases need to quarantine for at least 14 days, regardless of test results. If this is the case:

- ☑ Quarantine yourself (stay at home) and only leave your isolation area for medical care.
- ☑ Watch closely for symptoms and consult your healthcare provider if symptoms appear.

IF YOU HAVE ANY SYMPTOMS:

- ☑ Contact your healthcare provider.
- ☑ Isolate yourself (stay at home) and only leave your isolation area for medical care.
- ☑ If possible, use a separate bathroom and stay in a different room from other household members until your isolation time has ended.
- ☑ Maintain your isolation for at least ten days after your symptoms first developed and follow the instructions of your local health department as to when you are cleared to return to normal interaction with others.
- ☑ If your symptoms are severe or worsening, please seek urgent medical evaluation and treatment in person. Let the medical provider and/or EMS know that you have tested positive for COVID-19.

For questions about test results, please email results@ajoyhealth.com